# PATHWAYS

#### Newsletter -a tool for student engagement

Our newsletter is not only a communication tool between the school and parents and caregivers but a way for students to express their experiences at CVS in a meaningful way.

Every student has opportunity to an about lessons write and activities they have participated during the term. in Taking the time to read and acknowledge their input can motivation. increase engagement and instil a sense of pride in their school and theirself.



**Canterbury Vale and Wangee Park** 

One of the highlights of Term 1 was our visit to Wangee Park School located on the grounds of Campsie Primary School. The friendship between our schools has been longstanding as Wangee Park was initially located next door to CVS. Over the years we have enjoyed many days of fun, sport and positive student interactions and our visit in week 5 was no exception. After an initial meet and greet with Anthony Bulmer, the principal, CVS students and staff were left to mingle and play with the Wangee students. At first there were a few reservations, however within a few minutes the Wangee Park playground was full of smiling, laughing students from both schools. The success of the day was summed up when on return to CVS Billal approached Mrs Baczynskyj and asked if he could visit Wangee Park every week! Check out all the fantastic photos and student responses to the day in our center spread.



#### **IMPORTANT MESSAGES**

It is extremely important to contact the school when personal details change.

Whether it is an address, medical condition or court orders PLEASE notify the school.

#### **Upcoming Events**

Principal's Awards Ceremony Tues 9th April 2019

Term 1 Rewards Excursion Thurs 11th Aprill 2019

Term 1 Ends Fri 12th April 2019

ANZAC DAY 25th April 2019

Term 2 Begins (for Students) Tues 30th April 2019

Queen's Birthday -Public Holiday Mon 10th June 2019

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#### **Principal's Report**

Welcome to the first newsletter for 2019 and welcome to our new parents and carers who may be reading this for the first time. This newsletter is an opportunity to showcase a small snippet of what is happening at Canterbury Vale School. It is an opportunity to share student work, events and excursions and to get to know staff and students.

Canterbury Vale has had an extremely busy start to the term with quite a few staff changes. Mr Bolt, our Assistant Principal took up an Acting Learning and Wellbeing Coordinator Position. He will be in that position for terms 1 and 2. In his place we have Miss Powell, who is an Assistant Principal from Centennial Park School. We are fortunate to have her expertise and her willingness to join our team. Also Mr Young has taken up a position on the Central Coast and Mr Lamplough has joined us from Casula High School. It is always good to have new staff who are inspired to help students enrolled at Canterbury Vale.



Also Mrs Weir has

returned full time after a year off and is back in the swing again and finally Mrs Ntais left us to have her first baby. We are very happy to announce that she has given birth to a baby boy, Luca. All the staff and students wish her well with this exciting news and we hope she drops in for a visit as soon as possible. This term we visited Wangee Park Special School for a sports morning and BBQ. This is a wonderful opportunity for student to engage with a special group of students. From all accounts our students displayed responsibility and respect and had a fantastic time. Students want this to be a regular event and we agree that we would like to continue the activity each term.

Can I remind all Parents and carers to ensure they look at, read and discuss their child's integration sheets. Integration sheets are an important document between us, home schools and parents. Please take the time to really look at them and provide help where needed. Perhaps if your child's phone is a problem then have them leave it at home. If they are not taking their equipment, go through their timetable with them to ensure they are prepared. Ensure that they are in uniform and wake up in time and are prepared for the day ahead. This is team effort and we experience more success when home schools, parents and Canterbury Vale are all on board.

Canterbury Vale is an amazing opportunity for young people to engage in education, develop positive relationships with school and school personnel and change their behaviours in order that they may return to their mainstream schools or gain employment. Attendance is vital. Please ensure your children come to school, talk about their day with them and ask any questions you may have. Amazing things can happen here but only when students are present and engaging with work and staff.

Vicky Baczynskyj Principal







#### Congratulations Mrs Ntais!

On 28th March 2019 Mrs Ntais gave birth to a beautiful baby boy named Luca James.

Mrs Ntais has been at Canterbury Vale for 5 years as both our resident Math teacher and relieving Asst. Principal.

The staff and students of CVS would like to extend our best wishes to both Mrs Ntais and her husband and hope your new little bundle brings you great joy.

# **My First Impression of Canterbury Vale**

When I started Canterbury Vale School (CVS) on the 7th of February I didn't have any expectations. I wasnt really nervous either just a bit curious. I really liked the teachers straight away they were all friendly and helpful and I liked the classes far more then my home school. My first thought was ' it's not too bad'.

My favourite thing about CVS is the smaller classes because I actually get to learn something new probably because I can focus better with less kids in the class. There are lots of rules at CVS and I don't like all of them like the detentions or that I have to hand in my phone every morning or how strict it is. I do enjoy coming four times a week. I would enjoy it more if we had more sport classes everyday because one PE class every Monday isn't really good enough.

Eman





# **Term 1 History: World War I**

This term in history we have learnt about World War I. World War I started when a person from the terrorist group the Black Hand killed Franz Ferdinand.

Franz Ferdinand was heir to the throne back in 1914 in Austria-Hungary. He passed away from a brutal killing in Sarajevo.

Then most countries in the world formed alliances. Germany tried to invade Belgium to get to France. Then all the other countries joined the war.

The trenches in WWI were very long and very muddy and also full of disease. In class we all tried the tinned meat that was eaten by soldiers in the trenches and we said it is not bad at all, if we had to eat it we would. This war was like hell. There was no point to WWI and I think it was just for reputation.

Aaron



Assassination of Franz Ferdinand in Sarejevo 1914

# A LETTER HOME FROM THE TRENCHES Dear Mum

I am writing to you tonight because it may be the last chance get and I want to tell you about what has been like living in these dreadful trenches.

Every morning we wake up and make breakfast all we eat is bully beef and some dry biscuits for breakfast and we wait for someone to attack us. It's very awful here and I completely hate it and just want to come back home. All we do is sit in the trench all day it's very uncomfortable with barbed wire all around and all very dirty.

Some of the men have wet and dirty feet and sometimes their feet swell so badly they call it trench foot. With all the mud and dirt around we get all these big rats running around they have got very big eyes and are filthy and carry disease.

At night I have to patrol and move the dead bodies and fix up the trench walls when they break. The enemy keeps chucking bombs at us and a lot of our men will die. At night all I hear are rats, and bombs and when I sleep I have nightmares it's very scary. I have seen so many people die those are the scariest moments of my life I never thought I would go through this, I love my fellow brother soldiers and I hate looking at them killed.

I get very scared when they tell me to go up over the top I have so much fear all the machine guns shooting everywhere and bombs. I never expected myself to be in this position.

l love you Bye for now Abdul

## Wangee Park Visit

On the 28th of February 2019 we visited Wangee Park Special Kids with School. severe disabilities that are challenged with every day struggles because of their disabilities go to school there. We spent a day with these children playing with amazing them and understanding what they are going through. We played basketball and we had a sausage sizzle with the kids. To end the day we split in to groups and went in different classrooms to see how they learn. We had a good day with the kids at Wangee Park School and I had fun.





Billal gives Sabiana directions!

Nour

On 28 of February 2019 we helped kids with severe disabilities at Wangee Park School in Campsie. We went by bus and when we got there we saw the kids and we played with them and we helped them and took them for a walk. We played with the balls and we played basketball with the Principal. When I got there I was embarrassed and I felt weird around the kids when I first saw them, but then I got used to them. My favourite kid was Sabiana because she was very cute and gave me hugs.

We also got to have a sausage sizzle and went into the kid's classrooms to see how they learn. The class we went into had the kids that could walk and they were watching an ABC show. It was a good day and I'm glad I went.

Izak



Wangee Park Principal Antony Bulmer shooting hoops with CVS

Today we had an excursion to Wangee Park School. We traveled by bus and arrived at 9:55 am. The Wangee children were playing on the playground they were having a lot of fun they were running around and stuff. While we were there we got to play with the kids and it was really fun. It was a great opportunity because we met a lot off awesome kids, got to play with some of them and walk around. There was a lot off awesome people there that we got to meet.

Abdul

On 28th February we visited Wangee Park special school. We got to play lots of sport such as basketball, trampoline, catching and playing on bikes with the kids. The kids at this school have severe disabilities some can walk but some are in wheelchairs. I played with Matthew he liked to walk and throw and kick the ball. Sabiana is a little girl that likes to give lots of hugs. To start with I felt a bit weird but after a while I got used to them. We also played some basketball with the principal Anthony and had a sausage sizzle. We also went in the classroom and Patrick and I asked a lot of questions about the school and the classroom. It was a long day but I loved it! I will be looking forward to going again some time.

Adham







## My day at Wangee Park

Before went to Wangee Park I knew that I already wanted to work with children with disabilities, my dream has always been to become a special education teacher. When I found out that we had the chance to go to this school to see such wonderful kids I was so excited.

When we got there I was very nervous there were a lot of kids and I there were plenty of staff. I thought the Principal of Wangee Park, Anthony, was a great Principal who gave us great advice before we went in. He told us that there are more than 40 kids and he asks us to go in get to know the kids and play with them. When I went in I felt like I was so lucky and all my dreams were coming true. We went to the beautiful kids in the wheelchairs and started pushing them around for a while not many of them could talk so they would just look at us and give us a huge smiles. I met this wonderful little girl named Sabiana she was one enthusiastic young girl. She would hold my hand and take me around to all the other kids we played a little bit of basketball and we played on the trampoline. She introduced me to a young man named Matthew and he was one funny little guy he kicked the ball and I caught it and gave it back to him. I know I can't have a favorite but I have to say there was a young child who made me smile at every little thing he did even pulling my hair. His name was Yousef and he was truly funny. He did not know how to communicate like us but he has his own ways. When he got a little excited he got a little violent but if you say to him 'gentle hands' he would fold his arms and repeat gentle hands. Wangee Park School was the best thing I have ever done. The kids were great I liked meeting all the little kids I also liked getting to know about their conditions and the routines they have to do every day. I had a really good time and I am so looking forward to maybe doing some work experience there. It was a great day and we really need to go again soon. Zahraa

#### **Rewards Excursion, Term 4 2018**

Last term for our rewards excursion we went to SkyZone as a group. Atilla, Teeba and myself went. We got there by train. We caught the Lakemba to Sydenham train, and then switched and made our way to Miranda.

At Skyzone they made us wear special jumping socks. For the first hour we did flips and jumps in the foam pit and trampoline area. There was one trampoline against a wall and you had to hit the wall as high as you could. We also did the parkour course in this area. I was good at this bit. Some of the obstacles were monkey bars, a flying fox, and a climbing net.

After that we went and had lunch. Atilla and I had KFC and Teeba had sushi.

Then we went and did rock climbing for our second hour. One of the scariest obstacles was the "leap of faith". You had to climb up a ladder and jump off a platform to grab a boxing bag. We had a harness on so you didn't fall. Another activity was the sky drop. You had to hold onto a bar which moves up a wall. You had to hold on for as long as possible. When you let go, you slid down the wall. This one was hard.

Teeba, Atilla and I had an amazing day.

By Patrick



## **Floating Gardens**





For STEM this term we have created floating gardens.

<u>What is a floating garden?</u> A floating garden is a garden that basically floats on water. It is able to float on water because it has water bottles underneath it. A floating garden is like a small boat that plants can grow in.

<u>Why do we use floating gardens?</u> Floating gardens help plants grow in a modern way. There some natural disasters, for instance floods, where it is necessary to grow food but it is not possible because the soil is flooded.

<u>What materials did I use?</u> I used foil, cardboard from 2 manila folders, 2 water bottles and hot glue.

My floating garden: My floating garden was a success because I used two water bottles with lids to keep the air in and keep my garden floating. However, my plants didn't grow, which I think is because I accidentally covered my seeds with soil. They didn't get any sun light and the water took a long time to get through the soil. I really liked building a floating garden, but next time I will not bury my seeds in too much soil!



By Neil

#### **STEM Project: Parachute**

We used plastic bags and cups for this project. <u>I used:</u> 2 plastic bags, 1 cup and 1 meter of string <u>Method:</u> Build a parachute then test it outside.

What a parachute is supposed to do or be for:

A parachute is a device used to slow the motion of an object through an atmosphere by creating drag. Parachutes are usually made of light, strong fabric, originally silk but now most commonly nylon. They are typically dome shaped but vary, with rectangles, inverted domes, and others found. A variety of loads are attached to parachutes, inclkuding people, food, equipment, space capsules and bombs.

Atilla





## Survivor

This year for Social Skills we are playing Survivor. It's like the TV show, where teams have to work together to complete challenges and obstacle courses. One of the challenges was called "The Web", and we had to pick up a ball with rope and put it in a cone. Others were kicking goals, unlocking padlocks and solving puzzles. The purpose of survivor is to work as a team and building relationships. We learned how to figure out what we are good at and what we are not so good at. I really liked it, because my team worked really well together and we were undefeated!! I hope we keep doing survivor but I think the other team might need a chance to win.

Nicholas



# Clean Up Australia Day 30th ANNIVERSARY

Friday the 15 of March was Clean Up Australia Day at CVS. Clean up Australia day is an event the community started in 1989 and now has led to cleaning up the entire world from rubbish. This started 30 years ago when a man called lan Kiernan was worried about the large amounts of rubbish and wanted to prevent that from happening in Australia. The reason why we do it at CVS is so that students can be a part of the events in our local community and take pride in our community looking clean and tidy. When our school was participating, I was working in the café so later I contributed by helping on the BBQ to feed the hard working cleaners keeping our CVS home nice and clean. Atilla















Ian Kiernan founded Clean Up Australia day in 1989 after seeing first hand the extensive damage being done to waterways around the world by large tracks of rubbish whilst he was on sailing expeditions. Preventing this happening in Australia was the driving force behind lan's mission.

Sadly lan passed away in October 2018 just a few months short of the 30th Anniversary. Ian's legacy however lives on and has extended globally with many countries around the world now participating in Clean up the World days.

## **Electives**

### Music

I chose Ukulele for my electives for some random reason but I kind of liked it. The first few lessons I was playing with Ms Harper and Ms Pei who were the ones teaching me how to play. I picked it up very quickly. I aced straight from the start and Ms Harper lost it. It was funny. The first song I learned was "Twinkle, Twinkle Little Star". Then we learned "I'm Yours" by Jason Mraz, it took us at least 1-2 weeks to get used to it. When Mrs Baczynskyj came to check on us and we played it for her she cried.

Atilla



#### Drama



This term for electives I chose Drama. I was in drama with Neil, Zara and it was taught by Mrs Weir. The first lesson Mrs Weir brought in a traffic cone that she borrowed from her neighbours. Then Neil and I wrote a script called "The Marvelous Megaphone". The Marvelous Megaphone was about a mayor, played by Neil, a council worker played by me, and a presenter. The mayor was going to go to give a speech to convince the town to vote for him but when he got there were technical issues and his microphone stopped working. Then the council worker gave the mayor his marvelous megaphone and the mayor said yes please. Then he did his speech using the marvelous megaphone, which was actually the traffic cone! I liked drama and next time I hope we can write a longer play.

Nicholas

## Art



This term in electives I chose art with Abdul and Ehab. Our project was to make mosaic flower pots. Ms Powell is our teacher for art. She decided for us to design our own flower pots with broken coloured tiles. We had to glue the broken tiles on with a special type of glue that we spread on with a paddle pop stick. We picked out the pieces of colour tiles we wanted and we started to glue them on our pots. Our Goal now is to grout the pots.

Nour





# **Office News**

## PLEASE UPDATE YOUR DETAILS

It is extremely important to contact the school when personal details change. Whether it is an address, medical condition or court orders PLEASE notify the school.

At times we have students that need to go home because of illness, therefore parents have to be contacted. At no time will a student be sent home on public transport or alone.

ALL INFORMATION REMAINS CONFIDENTIAL.

# **UNIFORMS**

With winter approaching we now have the following uniform options available for purchase:

Long Sleeve Polos - \$30 Fleece Jumpers - \$30

All sizes available.

# Students last day at Canterbury Vale for Term 1 is 12th April 2019.

# **Students return to Canterbury Vale for**

#### Term 2 on 30th April 2019.

Contact us

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